This study conducted by Mathematica Policy Research for FNS is the largest, most rigorous national study of food security among SNAP participants.

**Food security** is a measure of whether a household has access at all times to enough food for an active, healthy life.

**Study Sample Size**
- 9,811 Households
- 30 States

**SNAP Food Security Survey | 2013**

SNAP was associated with a decrease in household food insecurity:
- Longitudinal Analysis
  - 65% vs. 55%

SNAP was associated with a decrease in child food insecurity:
- Longitudinal Analysis
  - 32% vs. 22%

SNAP improved food security by the greatest amount for households with larger benefits.

**Study Design**

- **Cross-Sectional Analysis**
  - SNAP Household in 6th month of benefits
  - SNAP Household just approved for benefits

- **Longitudinal Analysis**
  - 6 months later
  - Compared SNAP households after six months of participation to when newly certified.

30 States
9,811 Households
6 month new new
SNAP Household in 6th month of benefits
SNAP Household just approved for benefits
6 months later
1st month 2nd month 3rd month 4th month 5th month 6th month
Longitudinal Analysis